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Pharmacy Daily



## Dispensary Corner

**ALWAYS** follow the advice from a medical professional, when you are playing football, wear a mouthguard, when you ride a bike, wear a helmet, and when you carry an unlicensed gun around in your pocket, don a lead-plated codpiece.

If only an Indiana man had remembered that sage advice recently when he accidentally shot himself in the penis.

Mark Anthony Jones told doctors that he was reaching down to "adjust the gun" when it began to slip and fired.

While being attended to his painful wound in hospital, the news somehow got worse for Jones who was told by the authorities that he may now be facing criminal charges for not registering his weapon - now that really is below the belt.

**HOT** chocolate could be a safe, easy way to reduce fatigue symptoms associated with inflammation in people with multiple sclerosis (MS), according to international researchers.

Cocoa, found in chocolate, is rich in flavonoids, which have anti-inflammatory properties.

The team asked 40 people with MS to drink high- or low-flavonoid cocoa every day for six weeks.

They found those who drank high-flavonoid cocoa rated their fatigue as lower, and were also able to cover more distance in 6-minute walking tests.

If these results can be confirmed in larger studies, dark chocolate and cocoa could be an easy (and delicious) way to reduce fatigue symptoms, the researchers add.

See [jnnp.bmj.com](http://jnnp.bmj.com).

## Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email [newproducts@pharmacydaily.com.au](mailto:newproducts@pharmacydaily.com.au)

### New Magnesium-Pro

Magnesium is known to play a role in more than 300 biochemical processes in the body thereby playing a significant part in one's health. Scientists given the task of reverse engineering Amazing Natural Magnesium came up with **Magnesium Pro**, a lab tested, scientifically formulated magnesium spray using pharmaceutical grade magnesium with maximum bio-availability to give the relief from pain, cramping, restless legs, insomnia, headaches, migraines, joint pain, PMT, stress and more. Read the label before purchase. This medicine may not be right for you. Follow all directions for use. If symptoms persist, talk to your health professional. ARTG ID: 299947



**Stockist:** Symbion, Sigma and API  
**RRP:** \$35.99  
**Website:** [www.amazingoils.com.au](http://www.amazingoils.com.au)

### Antidote EDT by Viktor & Rolf

**Antidote EDT** is an oriental woody fragrance created by Alienor Massenet and Pierre Wargnye. Top notes of bergamot, mandarin, bitter-sweet grapefruit, mint and Guatemalan cardamom, middle notes of Sambac jasmine, cinnamon, orange blossom, lavender, African geranium, nutmeg, freesia and violet, with a base of sandalwood, vanilla, Indonesian patchouli, white musk, amber, caramel, incense, Texan white cedar, Guaiacum wood and Tonka bean. The bottle is designed by Fabian Baron and features a black top stamped with a seal made of wax.



**Stockist:** 1300 651 991  
**RRP:** \$130.00 for 75 mL  
**Website:** [www.lorealparis.com.au](http://www.lorealparis.com.au)

### Chemists' Own Cold & Flu Relief PE



Chemists' Own has expanded its Cold & Flu Range with the launch of three new Chemists' Own Cold & Flu PE products, the first

of which featured here: **Chemists' Own Cold & Flu Relief PE**. This product may help to reduce fever and provide temporary relief of cold and flu symptoms such as nasal congestion, sinus pain, runny nose, headache, body aches & pain. Each tablet contains paracetamol 500g and phenylephrine hydrochloride 5mg. This medicine may not be right for you. Read the label before purchase. Follow all directions for use. If symptoms persist, talk to your health professional. ARTG ID: 308292.

**Stockist:** 1300 9 ARROW (27769)  
**RRP:** \$9.99  
**Website:** [www.chemistsown.com.au](http://www.chemistsown.com.au)

### 4-in-1 Beauty Bag - Designer Brands



DB Cosmetics brings to market this spacious cosmetic bag to hold all of your beauty needs with ease. This 4-in-1 set includes a large transparent case, a medium beauty bag and two mini pouches. With an

easy wipe-down fabric, this set is the perfect travel companion and will fit all your favourite full-sized products. Whether you are rushing between catwalk strutting, or shoot takes, or travelling to the great unknown, the Designer Brands **4-in-1 Beauty Bag** will cover all your glamour needs safely in one place. This new wipe-down fabric bag set is available in Sweet as Peach pink or Secret Garden black.

**Stockist:** 03 8544 8000  
**RRP:** \$24.99  
**Website:** [www.dbcosmetics.com.au](http://www.dbcosmetics.com.au)